

Debbie L. Grammas, Ph.D. Licensed Psychologist (TX 34464) 713-304-6554

### Informed Consent for Treatment

A therapist-patient, or treatment relationship does not exist until after initial assessment is complete and we have decided to move ahead as evidenced by your signature on this form. It is important that we both agree that we are a good match in working together towards your goals.

I, the undersigned, do hereby voluntarily consent to evaluation, recommendation, and/or treatment by Debbie L. Grammas, Ph.D.

I am aware that the practice of psychotherapy or counseling is not an exact science and that the predictions of the effects are neither precise nor guaranteed. I acknowledge that no guarantees have been made to me regarding the results of treatment or procedures by this therapist. Further, I understand that evaluation and treatment will involve discussion of personal events in my own history, which, at times, can be discomfoting and is at times very personal.

I am aware that I may terminate my treatment at any time without consequence, but that I will remain responsible for payment for services that I have received.

I am aware that any cancellations of appointments must be made at least 24 hours in advance of the scheduled appointment. If I cancel in fewer than 24 hours or do not show up for my appointment, I will be charged the regular fee for the session. I am aware that payment is due at the time that services are rendered to me. If I do not provide payment for the services that I receive, this may be reported to a collections agency and my treatment may be discontinued by this therapist. In such a situation, this therapist will provide me with referrals to other professionals.

Please be aware that text messages, email, phone, Facetime and Skype are not secure modes of communication. I also typically include emails in your chart. I do not friend or accept requests from current or former clients on Facebook, LinkedIn, etc. to avoid compromising your confidentiality and to maintain professional boundaries.

Debbie L. Grammas, Ph.D., is currently licensed as a Licensed Psychologist in Texas. I understand that Debbie L. Grammas is the sole proprietor of her practice. In the event of her death or disability, her records will be transferred to the therapist of her choosing.

I certify that I have read, or have had explained to me where necessary, fully understand, and agree to the contents of this document.

\_\_\_\_\_  
Your signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Debbie L. Grammas, Ph.D.

\_\_\_\_\_  
Date